

# Social safety & well-being



This overview lays out the various parties to ask for help regarding social safety matters. We divided the parties into faculty level (ME), university level (TU Delft) and general parties. Within your department, you might also ask your supervisor(s), fellow colleagues, and head of the department for help.

## FACULTY LEVEL (ME)

### PHD COUNCIL REPRESENTATIVES

- **For what:** Discuss day-to-day life issues, e.g., with colleagues, and if in doubt who to contact.
- **Contact:** [PhD council representatives](#) or [PhDcouncil-3mE@tudelft.nl](mailto:PhDcouncil-3mE@tudelft.nl).

### GS COORDINATOR AND GS DIRECTOR

**For what:** Discuss any issues, request **mentor**, referral to other social safety parties.

- **Contact:** GS coordinator [Mascha Toppenberg](#) or GS director [Paul Breedveld](#).

### MENTOR

- **Who is it:** 3mE academic staff from outside your department.
- **For what:** Discuss academic issues, supervision, and process (not related to the content of your research).
- **Contact:** Request a mentor via GS coordinator Mascha Toppenberg and consult a mentor suitable for you and your issue.

### HR ADVISOR

- **For what:** Discuss contract-related issues, e.g., maternity or sick leave, and contract extensions.
- **Contact:** Consult your [department HR advisor](#).

## UNIVERSITY LEVEL (TU DELFT)

### CONFIDENTIAL ADVISORS

- **For what:** Discuss social, academic, and organisational integrity, e.g., undesirable behaviour, amongst others diversity and inclusion, intimidation, discrimination, aggression, harassment, and gossip.
- **Contact:** [Topic-specific staff members](#).

### OMBUDS OFFICER

- **For what:** Mediation and/or conflict resolution, read more information [here](#).
- **Contact:** [b.d.peters@tudelft.nl](mailto:b.d.peters@tudelft.nl) or call +31152785439 / +31638556986.

### UNDESIRABLE BEHAVIOUR COMPLAINTS COMMITTEE

- **For what:** File complaints about undesirable behaviour, read more information [here](#).
- **Contact:** [jz@tudelft.nl](mailto:jz@tudelft.nl) or call +31152783703.

### REPORT AGGRESSION AND VIOLENCE

- **For what:** Report aggression and violence incidents that you or someone else has experienced in the TopDesk incident registration system of the TU Delft, read more information [here](#).
- **Contact:** Report aggression and violence incidents using this [form](#).

### UNIVERSITY SOCIAL WORKER

- **For what:** Ask assistance and advice for problems in your personal life or work situations that have a negative impact on your health or hinder your performance, read more information [here](#).
- **Contact:** [L.Kappert@gimd.nl](mailto:L.Kappert@gimd.nl) or call +31618730436.

### PSYCHOLOGISTS

- **For what:** Individual guidance and treatment sessions concerning psychological issues, read more information [here](#).
- **Contact:** Apply for treatment at psychologists TU Delft using this [form](#).

### COMPANY DOCTOR

- **For what:** Ask assistance and advice for work-related physical and/or mental health problems, read more information [here](#).
- **Contact:** [W.J.M.Edelaar@tudelft.nl](mailto:W.J.M.Edelaar@tudelft.nl) or [R.M.Wijnolst@tudelft.nl](mailto:R.M.Wijnolst@tudelft.nl).

### CAREER COUNSELLORS

- **For what:** Discuss anything related to your career, e.g., whether you want to continue your PhD or doubt about what to do next, read more information [here](#).
- **Contact:** [careercentre@tudelft.nl](mailto:careercentre@tudelft.nl).

### LEGAL SERVICES

- **For what:** Discuss any legal issues, e.g., contract-related issues, disagreement with go-no go decision, patents, read more information [here](#).
- **Contact:** [jz@tudelft.nl](mailto:jz@tudelft.nl) or call +31152783703.

### SAFETY AND SECURITY DEPARTMENT

- **For what:** Discuss reporting undesirable behaviour to the police, read more information [here](#).
- **Contact:** [jz@tudelft.nl](mailto:jz@tudelft.nl) or call +31152783703.

### INTERNAL EMERGENCY NUMBER

- **For what:** In case of an emergency, report the incident to the control room by calling the campus emergency number. The control room will alert the TU Delft emergency response personnel on campus and the emergency services, read more information [here](#).
- **Contact:** Call +31152788888.

## GENERAL

### EXTERNAL EMERGENCY NUMBER

- **For what:** In case of an emergency, ask for help to the police, ambulance, or fire department.
- **Contact:** Call 112.

### RISK OF SUICIDE HELPLINE

- **For what:** Independent helpline for individuals with suicidal thoughts and their friends/family/colleagues.
- **Contact:** Call 113.

### DELFT CONCERN REPORT CENTER

- **For what:** Discuss or ask advice or questions about an adult in Delft you are concerned about, read more information [here](#).
- **Contact:** Call +319000400405.

### SAFE SCIENCE PLATFORM

- **For what:** Find support in case of threats, intimidation or hate speech in response to your scientific work, read more information [here](#).
- **Contact:** Report an incident using this [form](#).