## **HORIZON**

Platform for studying with a disability or other special needs

# Studying with AD(H)D

Every student studies in their own individual way. It is important to know what you need in order to be able to study effectively. Take a look through the list of facilities below and decide what you think would be of benefit to you. Your academic counsellor is your first point of contact. You can discuss with this person what facilities may be possible or appropriate for you. Certain standard facilities can be arranged via Horizon. You can find more information about the application procedure in the 'customised solutions' ('maatwerkvoorzieningen') section of the Horizon webpage.

#### **Facilities**

## Standard facilities (via Horizon, see website for details)

- Extra time for tests and exams (10 minutes per hour)
- Free licence for read-aloud software (TextAid)
- · Study Buddy: for practical help in studying

## <u>Customised solutions for your educational programme (via academic counsellor)</u>

- Spreading out modules
- Short-term individual support

## Customised solutions for examinations (via academic counsellor)

The following are possible in exceptional cases. You should therefore discuss with your academic counsellor what is or is not possible in your faculty.

- Time: extra time in addition to the standard extra time for tests and exams, spreading examinations, moving deadlines, additional resits.
- Location: sitting examinations in a separate room.
- **Study aids**: A3 examination paper, dictionary, laptop, headphones, use of software during proctoring, etc.
- Type of assessment: oral exam, online exam or individual assignment.
- Other: additional opportunities to visit the toilet.

These are the most well-known customised solutions. This list is not exhaustive.



## **Career & Counselling Services**

As a student you can find answers here to your questions about personal development, or studyand career-development and skills. The central student counsellors, student psychologists and staff at the Career Centre are there to help you. They can offer you short-term personal guidance, and refer you for external support.

#### Horizon

The student counsellors at Horizon can provide you with information and support about studying with a disability, including laws and regulations, procedures, financial assistance, housing and individual and group support.

## Financial compensation for students who fall behind schedule in their studies

It is possible that in spite of all the facilities listed you still fall behind schedule in your studies. TU Delft may be able to partially compensate you for this in the form of graduation support, through Profiling Fund (RPF) Regulations. More information: www.studentcharter.tudelft.nl/.

## Well-being E-Health tool

This is an online tool where you can start improving your mental wellbeing in a free, simple and anonymous way. More information: www.tudelft.nl/wellbeingtool.

### Student Platform: studying with a disability and/or chronical disease

This is a platform for students with a disability and/or chronical disease. The platform will meet a couple times a year in order to discuss current issues regarding studying with a disability. These insights will be used as input for different bodies within the TU Delft, but the platform is also a chance to get to know other students.

More information: see website Horizon or send an mail to studentonbeperkt@tudelft.nl.

#### Study skills toolkit TU Delft

Want to know more about how to schedule your study activities? With the Study skills toolkit you can improve your study skills. Watch a video or a subject you like.

More information: see www.tudelft.nl/en/student/counselling/essential-study-skills/.

#### Questions/More information needed?

Go to www.tudelft.nl/studenten/horizon.

Send an email to horizon-esa@tudelft.nl.