Student Skills Profile - academic studies

Use this form to help you create a profile of the skills that you have developed during your academic studies.

Your studies

Academic studies e.g. BSc Electrical Engineering or MSc Life Science and Technology	
Technical and subject specific skills e.g. specific subject knowledge; scientific techniques or knowledge; statistical analysis or data analysis	
Skills developed through a placement in industry or similar e.g. independence; interpersonal skills; business and commercial awareness; awareness of different cultures; flexibility and adaptability; specialised technical skills	
Skills developed in teaching sessions e.g. lectures, seminars, lab work, field work or oral presentations	



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Skills developed through self-directed or independent learning e.g. essay writing, report writing, problem solving, group work, dissertations or special projects	
Skills developed through assessment e.g. exams, essays, projects, oral presentations	

Your strengths and weaknesses

Having determined your skills gained form your academic studies, consider the following questions to help you prepare for interviews or determine your next career development activities.

Skills which are your natural strengths	
Skills which you found difficult	



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Skills which you think you have made particular progress with	
Skills which you particularly enjoy (regardless of achievement)	
Steps you have taken to overcome difficulties	
Skills which you could develop further	
Skills you are motivated to use in your next career step	

