

Study & Well-being information

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Your **Academic Counsellor** is the first point of contact for questions and concerns related to your studies or personal issues.



Personal development

Essential study skills

Online toolkit to help with many common study roadblocks.

BOOST

Offers advice on your studies and personal issues during walk-in hours.

Career & Counselling Services

Workshops and training in the fields of personal support, study choice and career.

Mini Courses

Tips on (decision) stress, procrastination, teamwork & career.

Well-being & study

Overview of services, activities and tools to support your well-being.



Well-being

Family doctor

Helps with physical and/or psychological issues and illness.

Student psychologists

Workshops and short-term individual guidance for issues hindering your study. Walk-in hours available.

MoTiv life coaching

Receive coaching and personal support from a life coach.

Confidential advisor

Helps in cases of unacceptable behaviour from students or employees.

E-Health tool 'Gezondeboel'

Anonymous, free and simple programmes to improve your mental well-being.

Health insurance information

Provides insurance advice for foreign students in The Netherlands.



Special needs

Horizon

Helpdesk for studying with a disability or additional support requirement.

'Student Onbeperkt'

Student platform for students with a disability.

Student counsellors

Support with complex issues concerning schemes, regulations and/or facilities.



Socialising

Study associations

Every faculty has its own study association(s) that represents students and organises activities related to your field of study

Student associations

Find others for social and fun associations in career, country or regional, culture, fraternity, international, religious, and sports.

Uni-Life App

Overview of all events from student associations, organisations, clubs, and initiatives at TU Delft.

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Develop in non-academic areas such as sports and games, arts and crafts, and more

