

## Application form TU Delft Diversity and Inclusion Grant

Round 1, deadline: 7 November 2022

### 1. Basic information

Please complete the following fields in this form

Project title	Pop-Up Contemplation Space
Requested grant (max 3.000 euro)	EUR 2.750
Duration period	1 Month
Start date	Late February 2023
Application on behalf of study or student association?	<del>Yes, namely</del> Click or tap here to enter text. No

### 2. Main applicant and team members

<b>Main applicant and contact person</b> Full name: Email: Telephone number: Faculty: Student number: Association (if applicable*):	Architecture and the Built Environment n/a
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*\*Only add if your initiative will be executed on behalf of a student or study association*

#### Other team member(s)

Name + Student number

Email

Faculty


### 3. Level of the application

Check the box that applies to your application and add Faculty(s) if applicable. Faculty Diversity Officers (FDOs) can be found here: <https://www.tudelft.nl/en/about-tu-delft/strategy/diversity-inclusion/di-staff>

☒ Faculty-level:

Name faculty: Architecture and the Built Environment

☒ We declare that we have consulted the FDO, Roberto Rocco

☒ We have attached a statement of support from the FDO to this application

☐ Multi-faculty-level:

Names faculties: .....

☐ We declare that we have consulted the FDOs, ..... [please provide names]

☐ We have attached a statement of support from the FDOs to this application

☐ University-level:

We suggest the following mentor for the initiative: ..... [please provide name]

### 4. D&I goal(s)

Please select the D&I goal(s) proposed this project is targeting.

- ☒ Increased awareness and understanding of D&I at the university
- ☐ Inclusive educational activities
- ☒ Increased diversity and representation amongst students
- ☒ Inclusive study environment
- ☐ Community building

### 5. Problem statement, including description of target group(s)

Describe which problem or opportunity your proposal is targeting and for whom this will increase access, inclusion or more equal opportunities.

(Keep it short and concise, question 5 + 6 + 7 max 800 words)

Despite its cosmopolitan population, the BK faculty lacks a space for the diverse prayer, contemplative and de-stressing practices of students and staff.

The lack of such a space prevents members of our faculty from fully enjoying the experience of being a part of the faculty: those who pray regularly (such as Muslims); those with

neurodivergencies who require regular quiet-time; and anyone else who needs a space to quietly destress, do not feel that they can spend time at the faculty without a degree of discomfort.

*The Burnout Society* (Byung-Chul Han, 2015) posits that 'contemplative-attention' - including religious - will enable us to cope with the stresses of today's 'hyper-attention' society. However, our nearest contemplation room is a 20-minute walk away. Though our Dean supports our cause for a contemplation room at BK, matters have been slow-moving and hardly-discussed as a pertinent issue.

Therefore, to avert the problems of stress-related burnout and to accommodate the needs of religious and/ or neurodivergent members of our faculty, our aim is to build a temporary, pop-up contemplation room at our faculty. We hope to foster a conversation about the role of contemplation at our fast-paced faculty, and society at large.

## 6. Project plan

*Describe your project idea and how this will be implemented*

*(Keep it short and concise, question 5 + 6 + 7 max 800 words)*

A temporary, pop-up contemplation room will be built in either rooms BG.West.370 or 02.West.610, or in the Oostserre or Modelhal (pending approval from the BK Expo committee) at BK. Its design (to be confirmed) will be informed by [REDACTED] graduation thesis for which he is designing a permanent contemplation room at the faculty. The pop-up will also be a test-bed for [REDACTED] design theorisations, particularly that a successful and inclusive contemplation room at our faculty should be flexible in its layout and furniture and without explicitly religious symbols.

Since part of the aim is to increase awareness of the need for contemplative space, we hope to publicise the pop-up throughout the faculty and to use the pop-up as an opportunity to exhibit the architectural history and theory of contemplation.

We will enlist a group of student volunteers from our faculty to facilitate the logistics of publicity, material handling and construction. We are hopeful that there will be enthusiastic volunteers and friends who will appreciate an experience in construction.

## 7. Outputs and outcomes

*Provide a brief overview of the outputs and outcomes the initiative results in.*

- *Outputs are concrete results or deliveries of your project*
- *Expected outcomes are changes in behaviour, relationships, actions and activities you are aiming at*
- *Impact is the dot on the horizon. The long term change you want to contribute too.*

*(Keep it short and concise, question 5 + 6 + 7 max 800 words)*

### Outputs

The pop-up contemplation room will be a single-storey installation with a maximum footprint of 30m<sup>2</sup>. It will accommodate activities such as meditation, religious prayer, quick naps and simply thinking and doing nothing. It will likely be either a corkbrick or a timber frame structure for ease of dismountability and flexibility of spatial reconfiguration during use.

#### Expected outcomes

We hope that the pop-up contemplation room allows religious and/ or neurodivergent faculty members to enjoy and spend time more comfortably at the faculty. At the very least, we expect that it will incite a wider discussion about the inclusions of the target audience so that the plan of having a permanent contemplation room is considered with greater urgency.

#### Impact

It is expected that the pop-up could alter the perception of the need to pray, contemplate, relax or self-reflect from being an outlandish activity to something commonplace for everyone so that we can cope with burnout.

## 8. Timeline

Provide a time table for the implementation of your project (from start to finish)

[Click or tap here to enter text.](#)

The below timetable is tentative and therefore the dates stated are only indicative and subject to change.

Phase	Start	End	Tasks
INITIAL DESIGN	5 December 2022	19 December 2022	<ul style="list-style-type: none"><li>• Initial pop-up design ideas</li><li>• Cost-plan adjustments</li></ul>
APPROVAL	20 DECEMBER 2022		
DEVELOPE D DESIGN	21 December 2022	29 January 2023	<ul style="list-style-type: none"><li>• Pop-up design development</li><li>• Discussions with material suppliers; logistics</li><li>• Discussions with Dean</li><li>• Initial search for construction team members</li></ul>
FINALISED DESIGN	30 January 2023	17 February 2023	<ul style="list-style-type: none"><li>• Finalisation of design</li><li>• Confirmation of material suppliers; logistics</li><li>• Finalisation of construction team</li><li>• Approvals for use of faculty space</li></ul>
	30 January 2023	6 April 2023	<ul style="list-style-type: none"><li>• Publicity campaign to raise awareness of pop-up's existence</li></ul>
CONSTRUC TION	20 February 2023	24 February 2023	<ul style="list-style-type: none"><li>• Construction of pop-up</li></ul>
USE	27 February 2023	31 March 2023	<ul style="list-style-type: none"><li>• Pop-up in use</li></ul>
DECOMISSI ONING	3 April 2023	11 April 2023	<ul style="list-style-type: none"><li>• Disassembly of pop-up</li><li>• Re-use, return, recycling of recovered materials</li></ul>

## 9. Risks assessment

*Identify potential risks of your project and how these will be mitigated, you can think of risks in terms of quality, schedule or costs, but also of risks related to harming or excluding people or risking minority tax.*

*(max 200 words)*

### SCHEDULE

Since [REDACTED] and [REDACTED] are graduation students, their academic schedules will be busy. Time will need to be carefully managed to ensure that the project does not fall behind schedule. All relevant parties will also need to be duly notified if anything changes.

### CONSTRUCTION

There is a risk of our volunteers getting harmed during construction. As such, we aim to undergo construction safety training and enlist the help of professors who would be interested in guiding us for this. Part of our construction safety will require all volunteers to wear construction shoes, high-vis jackets and hard hats.

### EXCLUSION

By calling this a contemplation pop-up, rather than a 'prayer' pop-up, we are mitigating the possibility that non-religious individuals will be excluded. Of course, the a-specificity of this pop-up functions mean that some people will no-doubt feel discomfort (e.g. Muslim women may not want to pray where there are also Muslim men praying), it is hoped that our pop-up can be big enough to accommodate spatial distance to minimise discomfort due to others also using the space. That said, we aim to treat whatever risks of exclusion we find in the pop-up as lessons for a permanent installation.

## 10. Team composition

*Describe the team composition and added value of each member to the project*

*(max 200 words)*

[REDACTED]. As a Muslim student, she is motivated to pursue this contemplation room goal by a need for a formal prayer space where she can pray 1-3 times during working hours. She has also been a member of the Diversity-BK group since September 2021, participating in monthly discussions about the wider state of diversity and inclusion at the faculty. With an internationally-oriented education, she believes that the inclusion of diverse belief systems is important to confront our world in crisis. Additionally, her experience in the TU Delft team SUM's construction team will help with the construction aspect of this project.

[REDACTED]

## 11. Budget

*Please make a budget of the expected expenses for the project.*

Item	Planned budget
Click or tap here to enter text.	
The costs below are indicative and will be finalised when design concepts and material choices have been established.	
<a href="#">CorkBrick</a>	€ 1500
Carpets/ rugs	€ 500
Cushions	€ 100
Plants	€ 100
Privacy screens	€ 500
Shoe rack	€ 50
Total (max 3000 euro):	€ 2750

## 12. Summary of the proposal for communication purposes

*(max 120 words)*

*Pop-Up Contemplation Space* is a Bouwkunde-based initiative which aims to create a temporary pop-up contemplation room. This would be a space where the contemplative practices of religious and/ or neurodivergent individuals are comfortably incorporated into their working day at the faculty. The broader aim is to popularise conversations about the role of contemplation, prayer and self-reflection in everyday life to include those who pray and contemplate regularly at our secular institution.

## Feedback on Grant

We are happy to inform you that the committee has decided to fund the “Pop-Up Contemplation Room”.

The problem statement is clear and the committee is aware of the need for contemplation spaces and of the fact that such space is still missing at the faculty of Architecture. We agree that such a room should be easily accessible for students from every faculty, so your elaborate application is very much appreciated. We are also happy about the fact that your team consists of motivated people, and we are convinced that together you possess the right set of skills to put your plan into practice.

The Diversity & Inclusivity committee has discussed the fact that the BK Expo committee did not yet approve your request for a room yet. Even though this may be a potential risk in your planning, we do want to fund your application.